The 45th Banff International Conference on Behavioural Science

Psychological Health in the Workplace

March 17-20, 2013 Banff, Alberta, Canada

Remarkably, our society has devoted relatively little attention to mental health in the workplace, despite substantial evidence of a high incidence of psychological distress and dysfunction and a considerable impact on the lives of workers, their families and the community, as well as workplace productivity. The majority of Canadians spend a considerable proportion of their adult life working and our economy depends upon a competent, engaged and highly performing workforce. The recent considerable advances in the behavioural and social sciences must be brought to bear upon these challenges; work in the post-industrial age involves cognitive, interpersonal and emotional competencies. Advances in basic knowledge are complemented by a rapidly developing armamentarium of effective, evidence-based prevention, treatment and evaluation procedures. The need for action is reflected in recent and forthcoming legal and regulatory changes. Banff XLV will promote understanding of these issues and introduce practitioners, those engaged in policy development and other interested parties to solutions-oriented approaches to these challenges.



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Kevnote Addresses

Rethinking Work: Designing Jobs for Well-Being and Prosperity
Graham Lowe, The Graham Lowe Group

Opening Minds: The Anti-Stigma Campaign

Keith Dobson, University of Calgary, Mental Health Commission of Canada

Stress in the Workplace: The Ship of State and the Solo Paddlers
Frank Darby, Government of New Zealand

Multimorbidity, Comorbidity and Chronicity: Challenging Facets of Return-to-Work and Stay-at-Work Processes

Renee-Louise Franche, Simon Fraser University

Psychological Health and Safety: An Action Guide for Employers Merv Gilbert, Gilbert Acton Ltd & Dan Bilsker, Simon Fraser University

Leadership and Wellbeing

Kevin Kelloway, Canada Research Chair in Occupational Health Psychology, St. Mary's University

Workshops

The Psychologically Healthy Workplace: Creating an Environment where Employees and the Organization Thrive
David Ballard, American Psychological Association

How to Create a Healthier Organization: Actions for Sustainable Success
Graham Lowe, The Graham Lowe Group

Workplace Cognitive Behaviour Therapy: A Practical Approach to helping Distress Workers Merv Gilbert, Gilbert Acton Ltd & Dan Bilsker, Simon Fraser University

Bullying in the Workplace

Frank Darby, Government of New Zealand

The Business Case for EFAP Services: A Workshop on ROI Models and Methods

Mark Attridge, Attridge Consulting

Leading to A Healthy Workplace: The Role of Organizational Leaders in Creating a Healthy Workplace
Kevin Kelloway, Canada Research Chair in Occupational Health Psychology, St. Mary's University

Minding the Workplace Project: Fostering Psychologically Healthy and Safe Workplaces in the Public and Private Sector Claudia Canales (Panel Chair), Alberta Health Services

Assessment of Psychologically Injured Workers Greg Meloche, WorkSafe BC

Award of Distinction and Remarks

Mary Ann Baynton

Workforce Advisory Committee, Mental Health Commission of Canada Program Director, Great-West Life Centre for Mental Health in the Workplace

Register online at:

www.banffcentre.ca/conferences/2013/BVS1303/

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Accommodations

A block of rooms has been reserved at the Banff Centre. An Accommodation/Meal Package has been arranged for March 17-20, 2013. The package includes nightly accommodation for three nights (Sunday, Monday, Tuesday), three buffet breakfasts, two buffet dinners, plated banquet (Tuesday, March 19), service charges, wireless internet access in bedrooms, parking, and access to the Sally Borden Recreation Facility. Package commences the night of Sunday, March 17, with buffet dinner and ends with *buffet dinner on Wednesday, March 20 (*delegates staying Wednesday night will have Vistas dinner included on Wednesday). Daily, superior room/meal package rates are SINGLE: \$202.49 CAD/per person and DOUBLE: \$137.49 CAD/per person. Daily standard room/meal package rates are SINGLE: \$192.49 CAD/per person and DOUBLE: \$132.49 CAD/per person. In addition, the room and dinner rate for the night of Wednesday, March 23 is SINGLE: \$171.55 CAD/per person (DOUBLE: \$111.55 CAD/person) for a superior room and SINGLE: \$181.55 per person (DOUBLE: \$115.41 CAD/person) for a standard room. These prices are exclusive of 5% GST, 4% Alberta Tourism Levy Tax, 2% Tourism Improvement Fee and are quoted in Canadian Dollars (CAD). Single room rates apply to one conference delegate staying alone or sharing the room with a companion who is not a conference delegate. An \$85.00 off-site fee will apply to all delegates whose accommodation is off-site and is payable at time of registration. The offsite fee is not applicable to the 1 day registration.

Conference Registration

The registration fee is \$375 CAD until February 15, 2013, and \$450 CAD for registrations postmarked after this date. For full-time students, residents and interns, the registration fee is \$120 CAD until February 15, 2013, and \$135 CAD for registrations postmarked after this date. For those requesting the student rates, you will be asked to provide current student identification at the conference registration desk. *The conference registration does not include workshop fees (\$75 CAD/workshop)*. The one day registration fee is \$150 CAD until February 15, 2013, and \$195 CAD for registrations postmarked after this date. Full registration fee is required if booking more than one day. All registrations must be prepaid. Please make your cheque payable to 'The Banff Centre.' A \$100 CAD processing fee will be charged for all cancellations before February 15, 2013, and no refunds will be given after this date. The Conference is organized by Banff Conferences on Behavioural Science, a nonprofit organization.

Planning Committee

Merv Gilbert (Co-Chair) Simon Fraser University
Kenneth D. Craig (Co-Chair) University of British Columbia

Robert J. McMahon Simon Fraser University and Child & Family Research Institute

Ray DeV. Peters Queen's University
Rob Santos University of Manitoba

Call for Papers

A poster session will be held on March 18th. Abstracts should be submitted to Dr. Ken Craig: kcraig@psych.ubc.ca by February 18th for consideration

For more information about the conference, please refer to www.banffbehavsci.ubc.ca