

The 46th Banff International Conference on Behavioural Science

Preventing Bullying through Promoting Healthy Relationships

March 16-19, 2014
Banff, Alberta, Canada

The 46th Banff International Conference on Behavioural Science will present practitioners, policymakers, educators, investigators, volunteers and others involved with children and youth with evidence-based knowledge and tools to prevent bullying by promoting healthy relationships.

Extensive Canadian and international research addresses the problems of bullying at school and in the community. We now are adept at describing bullying, the complex peer dynamics involved, and the destructive impact of involvement in bullying on those who bully, those who are victimized and those who observe bullying. There also are well-developed Canadian programs with clear evidence that they work.

But some educators say bullying programs aren't working in schools and some are not sure what they should do when they know children are being bullied and suffering health problems as a result of victimization. This is the case despite comprehensive legislation that provides clear direction for principals and teachers about the responses required with both the children who are victimized and those who bully.

At its core, bullying is a destructive relationship problem that requires relationship solutions. The healthy development of children depends primarily on the quality of relationships in which they grow up – at home, at school, with friends, in the neighbourhood, and in the electronic world. Cutting-edge research indicates quality of a child's relationships shapes gene expression, DNA, brain architecture, brain functioning, behaviour, emotions, health, and daily functioning. Simply put – without healthy relationships, children cannot develop in healthy ways.

Through promoting the development of children's healthy relationships, it is possible to prevent bullying and promote wellbeing. Adults must help young people learn to maintain strong, healthy relationships so that they will be prepared to be the partners, parents, employees, and leaders of tomorrow. Promoting healthy relationships must be viewed as a critical public health issue, important as healthy eating and healthy active living.



The Banff Centre's signature shot - winter
Credit: Donald Lee

Keynote Addresses

It Takes a Network to Raise a Child! How PREVNet Is Working Together to Promote Safe and Healthy Relationships for Children and Youth

Debra Pepler, York University

The Biological Underpinnings of Peer Abuse: Understanding Why and How the Effects Can Last a Lifetime

Tracy Vaillancourt, University of Ottawa

Bullying Involvement & Teen Dating Violence: Longitudinal Examination of Risk and Protective Pathways

Dorothy Espelage, University of Illinois

Caring and Kindness: How Social and Emotional Learning Can Prevent Bullying

Mark T. Greenberg, Pennsylvania State University

Building Attachment Security within the Parent-Teen Relationship: An Evidence Based Approach to Reducing Adolescent Aggression and Promoting Social and Emotional Wellbeing

Marlene Moretti, Simon Fraser University

Keeping up with Youth: Online Benefits and Risks

Wendy Craig, Queen's University

Workshops

Healthy Development REALLY Depends on Healthy Relationships

Debra Pepler, York University

Addressing School Bullying through Social and Emotional Learning

Shelley Hymel, University of British Columbia

Electronic Bullying: Assessing Risk and Intervening

Wendy Craig, Queen's University

Creating Caring Classrooms and Schools: Lessons from the WITS and PEERS Programs

Wendy Hoglund, University of Alberta and Bonnie Leadbeater, University of Victoria

Nurturing Teacher Mindfulness to Create a Caring Classroom

Mark T. Greenberg, Pennsylvania State University

Social-emotional Learning Approaches to Prevent Bullying, Homophobic Name-calling, and Sexual Harassment

Dorothy Espelage, University of Illinois

An Attachment Based Program for Parents of Teens at Risk: Evidence, Practice, Implementation and Sustainability

Marlene Moretti, Simon Fraser University

Strategies for Promoting Healthy Relationships with Aboriginal Youth and Communities

Shelley Cardinal, Canadian Red Cross and Claire Crooks, CAMH Centre for Prevention Science

Register online at: <http://www.banffcentre.ca/conferences/2014/BVS1403/>

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Accommodations

A block of rooms has been reserved at the Banff Centre. An Accommodation/Meal Package has been arranged for March 16-19, 2014. The package includes nightly accommodation for three nights (Sunday, Monday, Tuesday), three buffet breakfasts, two buffet dinners, plated banquet (Tuesday, March 18), service charges, wireless internet access in bedrooms, parking, and access to the Sally Borden Recreation Facility. Package commences the night of Sunday, March 16, with buffet dinner and ends with *buffet dinner on Wednesday, March 19 (*delegates staying Wednesday night will have Vistas dinner included on Wednesday). Daily, superior room/meal package rates are SINGLE: \$203.49 CAD/per person and DOUBLE: \$138.49 CAD/per person. Daily standard room/meal package rates are SINGLE: \$193.49 CAD/per person and DOUBLE: \$133.49 CAD/per person. In addition, the room and dinner rate for the night of Wednesday, March 19 is SINGLE: \$171.55 CAD/per person (DOUBLE: \$112.55 CAD/person) for a standard room and SINGLE: \$182.55 per person (DOUBLE: \$116.41 CAD/person) for a superior room. These prices are exclusive of 5% GST, 4% Alberta Tourism Levy Tax, 2% Tourism Improvement Fee and are quoted in Canadian Dollars (CAD). Single room rates apply to one conference delegate staying alone or sharing the room with a companion who is not a conference delegate. An \$85.00 off-site fee will apply to all delegates whose accommodation is off-site and is payable at time of registration. The offsite fee is not applicable to the 1 day registration.

Conference Registration

The registration fee is \$425 CAD until February 14, 2014, and \$500 CAD for registrations postmarked after this date. For full-time students, residents and interns, the registration fee is \$150 CAD until February 14, 2014, and \$185 CAD for registrations postmarked after this date. For those requesting the student rates, you will be asked to provide current student identification at the conference registration desk. *The conference registration does not include workshop fees (\$75 CAD/workshop).* The one day registration fee is \$250 CAD. Full registration fee is required if booking more than one day. All registrations must be prepaid. Please make your cheque payable to 'The Banff Centre.' A \$100 CAD processing fee will be charged for all cancellations before February 14, 2014, and no refunds will be given after this date. The Conference is organized by Banff International Conferences on Behavioural Science, a nonprofit organization and is co-sponsored by PREVNet and the Institute for the Reduction of Youth Violence (Simon Fraser University).



Planning Committee

Robert J. McMahon (Co-Chair)	Simon Fraser University and Child & Family Research Institute
Ray DeV. Peters (Co-Chair)	Queen's University
Debra Pepler (Co-Chair)	York University
Wendy Craig (Co-Chair)	Queen's University
Kenneth D. Craig	University of British Columbia
Rob Santos	University of Manitoba

Call for Papers

A poster session will be held on March 17th. Abstracts should be submitted to Dr. Ray Peters: ray.peters@queensu.ca by February 14th for consideration.

For more information about the conference, please refer to www.banffbehavsci.ubc.ca