

The 48th Banff International Conference on Behavioural Science

School Mental Health: Challenges and Emerging Opportunities

March 20 to 23, 2016
Banff, Alberta, Canada

Within the school setting, there is both the opportunity and obligation to promote mental health for all children. The vision of effective school mental health is one where a multidisciplinary group of professionals can offer services ranging from prevention to intervention, effectively removing barriers to learning and promoting mental wellbeing. Unfortunately, the reality of school mental health has not yet caught up to the promise and many jurisdictions offer fragmented programming without an emphasis on evidence-based practice. This 48th annual Banff International Conference on Behavioural Science will highlight both the challenges and opportunities of school mental health, with an emphasis on identifying practical implications for mental health professionals, educators and administrators, and researchers. Through plenary addresses and workshops, participants will be presented with the most recent research findings from internationally recognized experts, effective systems for organizing and delivering services, and a range of evidence-based programs and practices from prevention to crisis intervention. The conference is geared towards professionals who are planning, implementing, and evaluating mental health services for students from preschool through secondary school.



The Banff Centre's signature shot - winter
Credit: Donald Lee

Plenaries

Integrating multi-tiered mental health supports into education to promote student success

Sharon Hoover Stephan, PhD, University of Maryland School of Medicine

School-based prevention of behavior problems: Integrating and advancing the evidence base

Catherine Bradshaw, PhD, MEd, University of Virginia

Emerging research in promoting adolescents' social, emotional, and cognitive competence and well-being through mindfulness-based programs

Kimberly A. Schonert-Reichl, PhD, University of British Columbia

Promoting mental health among Aboriginal youth through culturally-relevant programming

Claire Crooks, PhD, Western University

Training educators in mental health literacy: The why and the how

Alexa Bagnell, MD, FRCPC, Dalhousie University

Let's stop herding cats - Moving from siloed mental health initiatives in schools to integrated school mental health promotion, prevention and intervention

Rob Santos, PhD, Healthy Child Manitoba

Workshops

The Healthy Relationships Plus Program: Embedding mental health promotion in an evidence-based healthy relationships approach

Claire Crooks, PhD, Western University

Evaluating best practices for providing school-based services to middle and high school students with ADHD

Steven W. Evans, PhD, Ohio University

Evidence-based practices to support trauma-exposed students

Sharon Hoover Stephan, PhD, University of Maryland School of Medicine

Promoting cultural proficiency and equitable practices in schools

Catherine Bradshaw, PhD, MEd, University of Virginia

Before, during, and after: Best practices for school-based crisis intervention

Jeff Temple, PhD, University of Texas Medical Branch (UTMB Health)

Contemplative science goes to school: Bringing social and emotional learning and mindfulness programs to the classroom

Kimberly A. Schonert-Reichl, PhD, University of British Columbia

My Mental Health: Engaging youth in schools in learning about mental health

Alexa Bagnell, MD, FRCPC, Dalhousie University

Successful implementation of effective universal, select and targeted anxiety prevention programs K-12

Lynn D. Miller, PhD, University of British Columbia



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Accommodations

We encourage all attending delegates to book their accommodation at The Banff Centre. Onsite accommodation supports the evening sessions, banquet, as well as enhances networking opportunities. A block of rooms has been reserved at the Banff Centre. An Accommodation/Meal Package has been arranged for March 20-23, 2016. The Package includes three night's accommodation (commencing Sunday, March 20), three Vistas buffet breakfasts, three Vistas buffet dinners and a plated Banquet dinner (Tuesday, March 22), service charges, wireless internet access in bedrooms, parking, and access to the Sally Borden Recreation Facility. Meal package commences Sunday, March 20 with Vistas buffet dinner and ending with Vistas buffet dinner on Wednesday, March 23*. (*You must be booked for the night of March 23 for the Vistas dinner on Wednesday evening to be included.) Tables will be identified in the Dining Room, for all scheduled meals, for those conference delegates wishing to network with their peers.

Daily superior room/meal package rates are SINGLE: \$225.79 CAD/per person and DOUBLE: \$153.29 CAD/per person. Daily standard room/meal package rates are SINGLE: \$200.79 CAD/per person and DOUBLE: \$140.79 CAD/per person. Prices are exclusive of 5% GST, 4% Alberta Tourism Levy Tax, 2% Tourism Improvement Fee and are quoted in Canadian Dollars (CAD). Single room rates apply to one conference delegate staying alone or sharing the room with a companion who is not a conference delegate. A \$100.00 CAD off-site fee will apply to all delegates whose accommodation is off-site and is payable at time of registration. The offsite fee is not applicable to the one-day registration.

Conference Registration

The registration fee is \$450 CAD before February 19, 2016, and \$525 CAD for registrations postmarked after this date. For full-time students, residents and interns, the registration fee is \$150 CAD before February 19, 2016, and \$185 CAD for registrations postmarked after this date. For those requesting the student rates, you will be asked to provide current student identification at the conference registration desk. The conference registration fee includes buffet lunch and coffee/tea service on Monday, Tuesday, and Wednesday. The conference registration does not include workshop fees (\$80 CAD/workshop). The one-day registration fee is \$275 CAD. Full registration fee is required if booking more than one day. All registrations must be prepaid. A \$100 CAD processing fee will be charged for all cancellations on or before February 19, 2016, and no refunds will be given after this date. The Conference is organized by Banff International Conferences on Behavioral Science, a nonprofit organization, and is co-sponsored by the Centre for School Mental Health at Western University.

Planning Committee

Claire Crooks (Co-Chair)
Sharon H. Stephan (Co-Chair)
Robert J. McMahon (Co-Chair)
Ray DeV. Peters (Co-Chair)
Kenneth D. Craig

Centre for School Mental Health. Western University
Center for School Mental Health, University of Maryland
Simon Fraser University and Child & Family Research Institute
Queen's University
University of British Columbia

Call for Papers

A poster session will be held on March 21st. Abstracts (250 words) should be submitted to Sharon Hoover Stephan, Ph.D.: sstephan@psych.umaryland.edu by February 19, 2016 for consideration.

For more information about the conference, please refer to <http://webman1.psych.ubc.ca/banffconf/>